

## **BANFF EVENING AND WEEKEND SERVICES**

### **Emergency- Police/Ambulance/Fire.....911**

#### **EVENINGS**

**Alberta Employment & Immigration,  
800 Railway Ave.**

1-866-644-5135 4:30 p.m.- 8:30 a.m. 7 days/ week

- Child Maintenance
- SFI - Support for individuals
- AISH - Income support for the severely handicapped
- Transportation to province of origin

#### **Urgent Mental Health**

**Banff Mineral Springs Hospital, 300 Lynx St.**

403-762-2222

2 p.m.- 9 p.m. 7 days/ week

- Brief Therapy
- An entry point for the full range of social/mental health services

#### **WEEKENDS**

**YWCA, 102 Spray Ave**

403-760-3200 9 a.m.- 5 p.m. (closed noon-1 p.m.)

#### **ACCESS THROUGH FRONT DESK**

- Assistance for women and families experiencing violence, including Crisis Counselling, Support and Referral
- Facilitated access to women's shelter

#### **AFTER HOUR HELP LINES (TOLL FREE)**

- **Distress Line of SW Alberta** 1-888-787-2880

Confidential 24hr telephone support for individuals needing emotional or mental support or links to community resources

- **Alberta Health Services – Addiction and Mental Health** 1-866-332-2322

Alcohol, other drugs, tobacco and problem gambling, information, support and referral