
HOW TO CREATE A BROCHURE

Using this template, you can create a professional brochure. Here's how:

- 1. Insert your words** in place of these words, using and/or re-arranging the preset paragraph Styles.
- 2. Print** pages 1 and 2 back-to-back onto sturdy, letter size paper.
- 3. Fold the paper** like a letter to create a three-fold brochure (positioning the panel with the large picture on the front).

WHAT ELSE SHOULD I KNOW?

To change the Style of any paragraph, select the text by positioning your cursor anywhere in the paragraph. With your cursor blinking in the paragraph, select a Style from the drop-down Style list at the top-left of your screen.

To change the picture, first click on it. Then, point to Picture on the Insert menu and choose From File. Uncheck the Float over Text checkbox. Select a new picture, and click Insert.

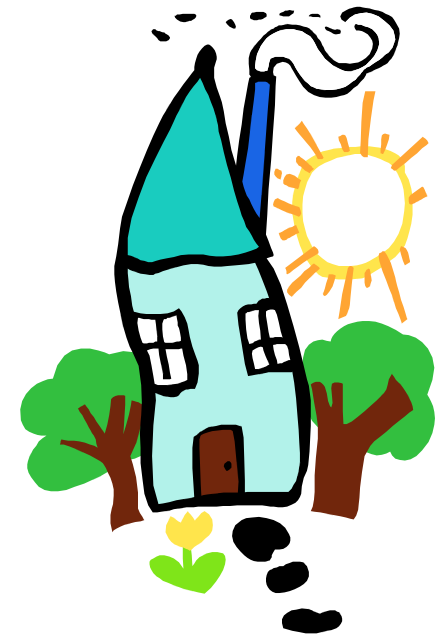


Bits, Bytes & Chips

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HOUSING AND HEALTH IN ALBERTA

Headwaters Health Authority



This brochure is designed to be an introduction to the Alberta Housing Regulation and Minimum Housing and Health Standards. If you would like a copy of the complete regulations and standards, please contact the Queen's Printer in Calgary at (403) 297-6251 (phone) or (403) 297-8450 (fax.)

GENERAL

All rental housing must have adequate washroom facilities, heat, water approved for human consumption, space for sleeping, and utilities. To ensure safety and prevent the spread of disease, owners must ensure that their accommodation is:

- Structurally sound;
- Free of insect and rodent infestations;
- Common areas are clean;
- Waterproof, windproof, weatherproof;
- Doors and exterior windows can be locked and easily opened for escape or ventilation;
- Walls, windows, ceilings, floors are maintained and are easily cleanable;
- Physical hazards are eliminated;
- Exterior must be free of debris and refuse.

WATER

To allow for proper cleaning and to prevent intestinal illnesses, all housing premises must have hot and cold running water that is safe for human consumption.

- There must be adequate volume, pressure and temperature.
- Hot water should be between 46°C and 60°C at the fixture.

If your facility is on a private water system and you would like your water tested, please contact a Public Health Inspector. (Contact number is at the end of the brochure).

PLUMBING

The plumbing and sewage disposal system must be in proper operating condition.

- Fixtures must be free of leaks and in proper operating condition;
- Fixtures must drain or flush properly.

OVERCROWDING

In order to prevent airborne diseases such as tuberculosis, as well as other diseases contracted through human contact, an owner must prevent overcrowding. A facility is considered overcrowded if:

A **dormitory** has less than 4.6m² of floor space and 8.5m³ of air space for each adult in the sleeping area;

A **bedroom** has less than 3m² of floor space and 5.6m³ of air space for each adult sleeping in the bedroom;

A **habitable room** has less than 9.5m² of floor space and 21.4m³ of air space for each adult sleeping in the room.

NOTE: For the purposes of calculating overcrowding, children ages 1 to 10 are considered to require 1/2 the space an adult would require.

HEATING, LIGHT, AND ELECTRICITY

The owner must provide a continuous supply of electricity, heat and water unless the utilities are the responsibility of the tenant.

- To ensure safety, cooking appliances and portable space heaters must not be used as the primary source of heat.
- The heating system must be able to safely maintain an indoor temperature of 22°C.
- Public hallways and stairways must be adequately lit to prevent physical injury.
- Utility services must be available and must be working properly.

FOOD PREPARATION AREAS

An area for food preparation must be present unless meals are provided. Kitchen areas must include a sink, cupboards, counter or table, stove, and refrigerator.

- No more than eight persons may share the same kitchen facility.
- The owner is responsible for providing and maintaining the cooking and refrigeration equipment.
- The fridge must be capable of keeping food below 4°C to prevent the growth of illness-causing bacteria on refrigerated food. At least 2 cubic feet of fridge space must be provided for each person.

WASHROOMS

All accommodation must have at least a flush toilet, washbasin, bathtub or shower.

- Washbasins and the bathtub / shower must have hot and cold running water that is approved for human consumption;
- No more than eight people may share the same group of washroom fixtures;
- There must be mechanical ventilation or an openable window to prevent high humidity and condensation;
- Rooms containing toilets and/or bathtubs or showers must have walls, floors and finishes that are smooth, non-absorbent to moisture and easy to clean.

BEDROOMS

- Rooms for sleeping must be provided with adequate ventilation to prevent the spread of airborne diseases. They must have an openable window area of 0.28m² or mechanical ventilation that meets the requirements of the Alberta Building Code;
- If suites do not have adequate fire suppression (sprinklers) or do not have direct access to the outside, they must have bedroom windows that provide unobstructed openings of 0.35m² with no dimension less than 380 mm. All security bars must open from the inside without any special tools or special knowledge.

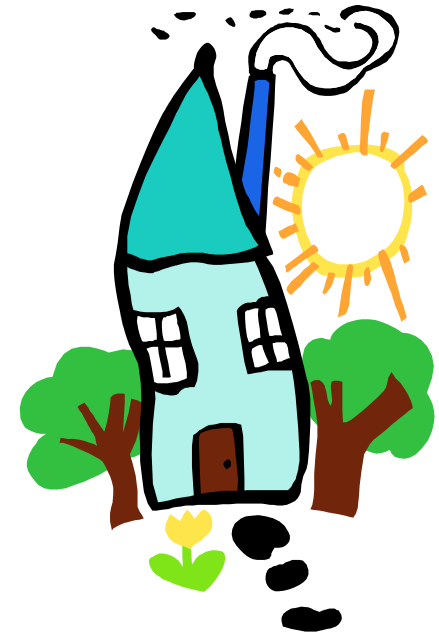


To contact a Public Health Inspector,
please contact our offices:

Banff: 403-762-2990
Canmore: 403-678-5656

Visit our website at:
www.calgaryhealthregion.ca/envhealth

RENTAL HOUSING AND HEALTH IN ALBERTA



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