

Affordable Opportunities for Active Families



Being active is an important part of a healthy lifestyle. Physical Activity through recreation has proven benefits including meeting new friends, improving self-esteem and healthy growth and development. Making it a fun family activity is a great way to get everyone involved.

There are several programs to help families access a range of recreation opportunities in our community.

- The Campership Fund ensures that every child has the opportunity to attend Summer Fun and Kids Kampus programming.
- The Everybody Gets to Play program ensures that every family in Banff has an opportunity to play by providing access to activities like swimming, bowling, and canoeing to families living under the Low Income Cut off.
- The Sports Equipment Lending Library makes it easy to get active in your local park or at the Recreation Grounds. Stop by Banff Town Hall Monday to Friday and sign out some equipment on your way. Tennis racquets, baseball gloves and balls, cricket, bocce ball sets and more are available free of charge.
- Walking or biking is the best ways to explore our community. Get out with your family and check out all the local walking/hiking trails.
- The Sally Borden Fitness Centre offers free public swimming on the last Sunday of each month. See www.banffcentre.ca/sbb for schedule information.
- Kidsport Bow Valley provides support by removing financial barriers that prevent kids from joining organized sports. www.kidsport.ab.ca



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Winter sports are an important part of living in the mountains and our local hills offer great opportunities for kids to stay active and experience skiing and snowboarding.

- Mt Norquay Caribou Kids/Youth season passes courtesy of the Banff Lodging Company.
- Sunshine Grade 2 Sun Pass and Tiny Tigers. www.skibanff.com
- Lake Louise Husky Grade 2 Fun Pass. www.skilouise.com
- Resorts of the Canadian Rockies Husky Snow Stars Grade 2 Pass. www.skircr.com
- Grade 4/5 Snowpass. www.snowpass.ca
- The Everybody Gets to Ski program helps to ensure local kids have access to proper ski/snowboard equipment. Call Town of Banff Community Services for more information. 403.762.1251.
- Check out the Get Out Youth drop-in sports night for a great place to hang out on a Friday Night.
- Public Skating is free for all kids who live in Banff. Call The Fenlands at 403.762.1235 for schedule information.

For more great family activities don't forget to check out our local library, historical sites, museums and the community class calendar.

