

Free Or Low Cost Things To Do This Summer

Check out our calendar at banff.ca/events, newspaper event listings and Facebook pages: Free Banff; Banff Canmore Events; BanffLIFE; Volunteer Banff.

MONDAYS

- Karma Yoga at the Patagonia Store, 94 Banff Ave, 7 p.m. June (July & August mornings) By donation, funds to local charities.
- Movie Under The Stars at Central Park, music then movie when it's dark, 8 – 11:30 p.m. July 31 to August 28. Free.

TUESDAYS

- Townie Bike Ride, Town of Banff, at Town Hall, 12:10 – 1 p.m. Free. Cancelled if rain.
- Community Connections in the Park games & activities all ages at Central Park, 2 – 3 p.m., June 6 to September 19. Free.
- Drop In Yoga, Town of Banff, 101 Bear St., 7 - 8 p.m. (not the 4th Tuesday of the month). \$5 or \$2.50 Access Card.
- Karaoke & Bull Riding at Wild Bill's 201 Banff Ave., 10 p.m. Free entrance. Line dancing some other evenings.

WEDNESDAYS

- Try It Yoga, Town of Banff at The Fenlands 100 Mt. Norquay Rd., 8 – 9 a.m. \$5 or \$2.50 Access Card.
- Banff Farmers Market at Bear Street Parking Lot, 10 a.m. – 6 p.m., June 7 to October 4.
- Family Storytime at Banff Public Library 101 Bear St., 10-10:30 a.m. and Babies & Ones 11-11:30 a.m. Free.
- WIT's Woonerff Parks Canada interactive display at Bear St., 1:30 – 4:30 p.m. June 21 to August 30. Free.
- Banff Ambassador Program at 101 Bear St., 3:15 – 5 p.m. (some Wednesdays check www.banfflakelouise.com). Free.
- BanffLIFE DJ in the Park at Central Park family friendly, 6 – 8 p.m. July 5 to August 30. Free. Pay for BBQ.
- Bow Valley Mountain Bike Alliance Trails Crew 6 p.m. Check Facebook page for locations.
- Ping Pong all ages at Banff Royal Canadian Legion 92 Banff Ave., 7 – 9 p.m. \$2
- Serenade Concert at St. George's Church, 100 Beaver St. 7:30 p.m. June 7, 14, 28 & July 5, 19, 26. Pay what you can.
- High Rollers Bowling and DJ at 110 Banff Ave, after 9 p.m. Free for locals.
- Games & Trivia night at Banff International Hostel 801 Hidden Ridge Way, 9 p.m. All welcome. Free. Other events too.
- Music Jam night at Tommy's 120 Banff Ave, 10 p.m. Instruments available. Free entrance.

THURSDAYS

- Community Table Lunch at 101 Bear St., 12-1p.m. in June by donation. July/August lunch & cooking demos banff.ca
- Open Mic at The Beaver & Karaoke at Bruno's & Trivia at Waldhaus. Details & other events at taximike.com
- Drop In Ball Hockey at The Fenlands 100 Mt. Norquay Rd., 8 – 9:15 p.m. June 15 to August 31. \$6.50 & 50% Access Card
- Drop in Roller Skating at The Fenlands, 6:30 – 8:30 p.m. July & August. \$5 pp/ \$10 family, skates \$5.50. 50% Access Card

SATURDAYS AND SUNDAYS

- Summer Reading at Banff Library 101 Bear St., 10:30 -11:30 a.m. 4-7 years, 1:30 - 2:30 p.m. 8-12 years. Free. Please register.
- Hobo Campfire Sing-along at Cave & Basin, Saturdays 1:30 – 2 p.m. & 2:30 – 3 p.m. July 8 to September 2. Free.
- Yoga with new yoga teachers at Rocky Mountain Yoga Studio, 211 Bear St., Saturday 5 – 6:15 p.m. By donation.
- Parks Banffastic Canada 150 Show at Central Park Gazebo, Saturdays 7 – 8 p.m. July 8 to September 2. Free.
- Lululemon Yoga at Dance for Joy Studio, lower Sundance Mall, Sunday 8:30 a.m. Free
- Public Swim at Banff Centre Sally Borden Pool, 1 – 4 p.m. (last Sunday of the month). Free.
- Parks Canada Bring Bison Back interactive display at Banff Ave Square, 1:30 – 4:30 p.m. July 2 to September 3. Free.

ONGOING www.BanffFoodRescue.ca free food
Community Café games & colouring box at local cafés
Primary Care Network health programs bowvalleypcn.ca

Banff Access Card 50% off classes, transit etc banff.ca/access
Parentlink 0–5 yrs stay&play, 101 Bear St. Mon/Tue/Th a.m.
Free bus to Lake Louise & Minnewanka www.pc.gc.ca

- Parks Canada theatre, guided walks etc www.pc.gc.ca/bnp-events, Cave & Basin & Parks Museum free entry & tours.
- Rundle United Thrift Store clothes, house & sports items at 104 Banff Ave, Tues & Thurs 2 – 5 p.m., Wed & Fri 5 – 8 p.m.
- Share Garden: grow herbs, veggies or flowers in yard space donated by home owners. In return share your harvest.



Got a question? We're here to help.
• Town Hall • banff.ca/heretohelp •



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